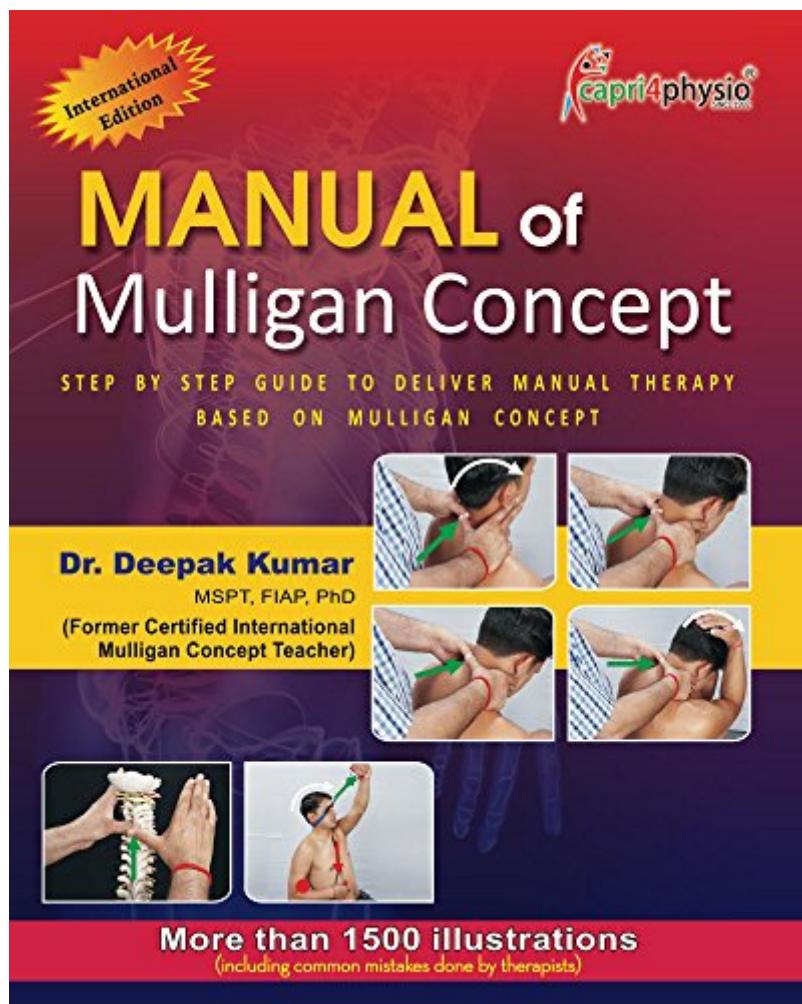


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Manual Of Mulligan Concept: International Edition



Synopsis

This book has been written for physiotherapists who practice or wish to learn manual therapy, and for those clinicians who are keen on getting an insight into the Mulligan Concept but finding it hard to spare time out of their busy practice. The thought process behind this book has been to elaborate the Brian Mulligan Concept in a step by step manner to ensure easy understanding and comprehension of all the techniques used in the concept. Its systematic approach to teaching the principles behind the concept makes it particularly valuable to the physical therapist practicing Mulligan Concept. This book features descriptions of all the techniques in the Mulligan Concept with a detailed set of illustrations in a sequential manner. Emphasis has been laid on the patient position, therapist position, hand and belt placement including method of delivery of treatment with proper communication and reasoning throughout this book. The accurate application of the techniques is necessary to obtain optimal results; and the book emphasizes on this through demonstration of precautions to be taken. In this book, a free-flow of language is used to ensure that the user is able to actually feel the practical essence and easily understands the details. Most of the illustrations are provided with signs and symbols for better understanding of the Concept. In the field of Manual Therapy Mulligan Concept is one of the preferred concepts & is often the first choice of treatment among clinicians because this concept allows the patients to perform the offending movements in a functional position, that too in a pain-free way, hence, making the outcome very rewarding. Especially in the recent past, Mulligan Concept has gained a lot of popularity because of its instantaneous and effective results.

Book Information

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Customer Reviews

A must buy for all the physiotherapists who wants to learn the concept of Manual therapy..itz easy understanding and illustration makes it even more worthy..thanks deepak Sir.

Good manual. Doesn't have the best pictures, but overall a good reference book. A bit lacking on instructions in parts of it.

It's an excellent book for all physio..it's helps me lot to enhance my practical knowledge as well as theoretical.. I think every physiotherapist should go through the book at least ones..so that he or she can do his or her best out put in our profession..thank u so much Dr deepak kumar for gifting such a wonderful book..

All the techniques explained in this book are really worth reading and easily applicable and the book explains them in the best way so that you can master it with tremendous confidence. All the techniques can be easily visualized with deep insight...

Book is very informative , all pictures are self explanatory and the mistakes which therapist can do while mobilising is demonstrated which gives a visual feedback for all therapist how to do the glides , I recommend to al for this book. Thanks!

Amazing book to learn manual therapy .. best n easy

The best book on Mulligan out there. If I lost this book, I would replace it immediately.

This book is how textbooks should be. Often it is difficult for students to comprehend the concept being put down by authors due to the language used or paucity of illustrations. This book is an exception. The techniques have been put down in a simple language and a systematic manner

supported with abundant images. In addition to explaining the correct technique, the common mistakes have been pointed out which is of great help. It seems an appropriate book for revision as well. Totally recommend it.

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